

## Transient Elastography (FibroScan®) Test Instructions

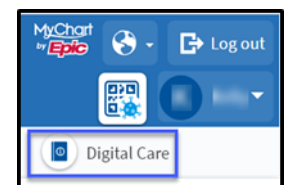
Thank you for choosing Duke Health for your healthcare needs. Your provider ordered a FibroScan® for you. Call Duke GI at (919) 684-6437 if you have questions about this test, preparation, or appointment. This test is performed at Duke Hospital Clinic 2J and Duke GI of Raleigh. Check your appointment information for location, date, and arrival time.

### What is a FibroScan® or Transient Elastography?

A Fibroscan® or Transient Elastography is a non-invasive outpatient test. This test shows the condition of your liver through the use of sound waves. There are no risks to having this test. A Gastroenterology (GI) provider performs this procedure. This painless test does not require an IV or sedation (anesthesia). You do not need a driver for this procedure.

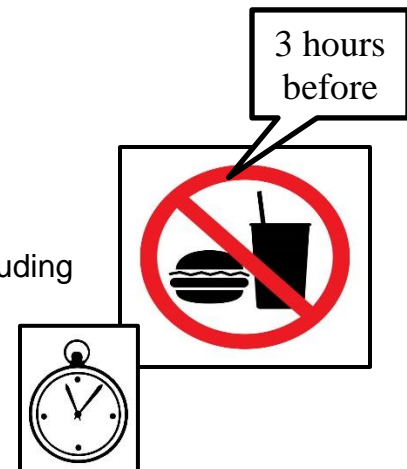
### Planning for Your Fibroscan® - Two (2) weeks before your procedure

- Log into My Duke Health to review your procedure information.
- Read your procedure instructions.
- Print the instructions and place them in a safe place, like on your refrigerator.
- You will not receive sedation (anesthesia) for this procedure. You can drive yourself to and from the procedure.
- Review your procedure location (address), date, and arrival time.
- Plan to be in the GI department for one (1) hour for this test. This time includes check-in and the procedure.



### The Day of Your Test:

- Take your medicines as usual.
- Three (3) hours before your scheduled FibroScan®
  - Do NOT** eat solid food. **Do NOT** drink anything, including water.
- Your provider will reschedule your test if you eat or drink anything, including water, three hours before this test. Eating and drinking before this test will affect the test results.
- Arrive 30 minutes before your appointment time.



### Duke Clinic 2J Information: Address 40 Medicine Circle, Durham, NC.

This clinic is located on the second floor of the Duke Hospital outpatient clinic building. Valet parking is available for a fee in front of the Duke Clinics - Monday through Friday from 5:00 a.m. until 10:00 p.m. Parking is also available in the clinic parking garage. The parking garage is across the street from the clinic entrance on Trent Drive. There is an hourly parking fee.

### Duke GI of Raleigh: Address 3480 Wake Forest Road, Suite 500, Raleigh, NC

This clinic is located on the second floor of the Duke Health outpatient clinic building #8. Valet parking is NOT available at this clinic. Parking is available in the clinic parking garage. There is no cost for the parking garage.