

Thank you for choosing Duke Health for your healthcare needs. Your provider ordered a hemorrhoid banding procedure for you. To prepare for your test, please review this information before your appointment. Call Duke Gastroenterology at (919) 684-6437 if you have questions about your procedure.

What is a Hemorrhoid banding procedure?

A GI provider will perform your hemorrhoid banding procedure in the clinic. The provider places a small device into your rectum. A small rubber band is placed over the hemorrhoid. The band cuts off the blood supply. Most patients do not feel pain during this procedure because the area in the rectum does not have nerve endings (no pain sensation). The band will fall off in a few days (two to five days). You might see the band in the toilet bowl after a bowel movement. You can safely flush the bands down the toilet.



Procedure Information:

There is no procedure preparation (prep) for this procedure. There is no sedation given during this test. You can drive yourself to and from your appointment. Since children are discouraged in patient care areas, please make childcare arrangements. Out-of-town travel is discouraged for three weeks after your procedure due to the small risk of bleeding.

TWO WEEKS (14 DAYS) BEFORE YOUR HEMORRHOID BANDING:

- If you take blood thinners, contact your prescribing provider to get approval to hold your blood thinners
 - Plavix needs to be stopped ten (10) days before your procedure
 - Coumadin needs to be stopped five to seven (5-7) days before your procedure

ONE WEEK (7 DAYS) BEFORE YOUR HEMORRHOID BANDING:

- If you take a daily 81 mg **aspirin**, continue taking your aspirin.
- Stop taking any of these medicines seven (7) days before your procedure appointment. Your procedure will be rescheduled if you take any of these medicines seven (7) days before your procedure:
 - Aspirin (325 mg)
 - Advil® (ibuprofen)
 - Motrin® ibuprofen
 - Aleve® (Naproxen)
 - Vitamin E
 - Ibuprofen